

Flow Tincture



Menstrual Flow Tincture by Da Lua Herbals: for light flows, amenorrhea & delays in menstruation.

An ally for women, this tincture carries a blend of plants historically used by female healers, herbalists, midwives, and witches throughout cultures. A powerful emmenagogue, which stimulates the menstrual flow, is extremely helpful in cases of absence of or delays in menstruation. Due to its properties, it is also an abortive tincture.

This tincture makes a great synergy with the **Moon Tincture**, which relieves menstrual symptoms & pain during the menstrual phase.

Ingredients

Organic motherwort, yarrow, mugwort, sage, hibiscus, calendula, rosemary, rue, licorice root & lavender macerated in organic alcohol.

Contraindications

Avoid in case of treatment with immunosuppressants, blood (anti) coagulants, organ transplants and antihypertensives; in case of gastric ulcer and gastritis, may interfere with anticoagulants (yarrow). Avoid during pregnancy and when breastfeeding.

Dosage & Use

7 drops after meals, 3x a day. Start 7 days before the expected menstruation date & go on until the 2nd day of menstruation. Start over in your next cycle.

Recommended cure: 3 months.

Shake well before use. Place drops in a glass of water/juice/tea or directly under the tongue. For internal use.