

### **Goddess Box**



A limited edition box collectively handmade by 5 different women creators, in Portugal. All items are related to herbalism, nature's ways, spirituality, holistic health and sustainability.

A co-creation by Sisters @shamanamama, @dalua. irene, @kriya.atelier, @i.magicar and @ayamaninaturals. A conscious gift that supports women-owned businesses and values crafts Womanship!

### Ingredients

Kit of 5 Reusable Face Disks by @kriya.atelier Made of a double layer of an organic, soft and sustainable sourced cotton fleece. Durable, reusable and zero waste.

# Moon Cycle Calendar 2023 by @shamanamama

A menstrual cycle tracker and moon phase calendar to inspire and guide you in your fertility awareness journey.

#### Honey Fire Cider by @dalua.irene

A sweet and spicy oxymel that boosts the immune system, stimulates digestion and

improves circulation. This synergy of herbs and spices will be a precious medicine during the cold times (read more HERE).

#### Botanical Necklace by @i.magicar

A clay and pressed flowers Necklace for you to beautifully wear mother nature in your heart.

# Heart Chakra Oil infused with Flowers and Crystals by @ayamaninaturals

A heart-opening blend that invites loving energy, healing and strengthening this chakra.