

Self-care Kit



Surprise yourself or a loved one with this well-being bundle of four handcrafted items. For detailed descriptions of each individual item (with its ingredients list, recommended use & more), click on the following products.

In your Kit you will find:

- **Sweet Dreams Spray** (S = 30ml or L = 50ml)
- **Lip Balm** (15ml)
- **Herbal Scented Sachet** (hand-stamped & hand-filled)
- Surprise **Linocut Sticker**

Ingredients

See individual products for ingredients.

Contraindications

See individual products for contraindications.