

Slow Tincture



Slow Tincture by Da Lua Herbals: haemostatic, for heavy menstrual flows & hypermenorrhoea.

An ally for women, this haemostatic tincture carries a blend of plants that support heavy menstrual flows, reducing bleeding, cramps and other symptoms of hypermenorrhoea. It is extremely helpful in cases of abundant menstruations and to balance hormones.

This tincture makes a great synergy with the **Moon Tincture**, which relieves menstrual symptoms & pain during the menstrual phase.

Ingredients

Organic broadleaf plantain, shepherd's purse, yarrow, mulberry (morus alba) & raspberry leaf macerated in organic alcohol.

Contraindications

Avoid in case of treatment with immunosuppressants, blood (anti) coagulants, organ transplants and antihypertensives; in case of gastric ulcer and gastritis, may interfere with anticoagulants (yarrow). Avoid during pregnancy and when breastfeeding.

Dosage & Use

7 drops after meals, 3x a day. Start 10 days before the expected menstruation date & go on until the last day of menstruation. Start over in your next cycle.

Recommended cure: 3 months.

Shake well before use. Place drops in a glass of water/juice/tea or directly under the tongue. For internal use.