

## **Sweet Dreams Spray**



Da Lua Herbal's Sweet Dreams Spray is a soothing pillow mist for a relaxing sleep.

This beautifully scented linen and pillow mist freshens bedding, and fills your space and senses with the **calming and relaxing aroma** of essential waters and plant extracts. It is made using 100% pure Lavender hydrolat and essentials oils to create a calming aroma for **bedtime** and around the home.

Spray lightly onto your **pillow** before bedtime to help you relax, unwind and enjoy a **restful night's sleep**. It can be used on skin, towels, bed linen, curtains, handkerchiefs and clothing before or after ironing. Spray it around your home to keep your fabrics fresh. It's a handy, discreet size to take with you on your travels too.

Surround yourself with a cloud of aromatic mist that sends you on a sensory journey of deep relaxation.

## Ingredients

Lavender hydrolat, distilled water, 96° alcohol and essential oils of lavender, sage and petitgrain.

## Dosage & Use

Shake well before each use, to combine the mixture and get a homogenous blend.

It can be used on skin, towels, bed linen, curtains, handkerchiefs and clothing before or after ironing.

Spray it over your body or around your home. It's a handy, discreet size to take with you on your travels too.